

**Unit Title:** Implement Therapeutic Group Activities  
**Unit Level:** Three  
**Unit Credit Value:** 4  
**GLH:** 25  
**AIM Awards Unit Code:** PT1/L3/EA/008  
**Unique Reference Number:** D/601/9491

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the principles of therapeutic group activities	1.1. Explain how participating in therapeutic group activities can benefit an individual's identity, self-esteem and well-being 1.2. Analyse reasons why a group activity rather than one to one work may be recommended in particular circumstances 1.3. Compare key points of theories about group dynamics
2. Be able to plan and prepare for therapeutic group activities	2.1. Work with individuals and others to agree: <ul style="list-style-type: none"> <li>the nature and purpose of a therapeutic group</li> <li>specific activities to fit the purpose of the group</li> </ul> 2.2. Address any risks that may be associated with the planned activities 2.3. Prepare the environment for a therapeutic group activity 2.4. Prepare equipment or resources needed for the activity

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
3. Be able to support individuals during therapeutic group activities	3.1. Support group members to understand the purpose and proposed activity of the group 3.2. Support group members during the activity in ways that encourage effective communication, active participation and co-operation 3.3. Give direction, praise, reassurance and constructive feedback during the activity 3.4. Support the group to bring the activity to a safe and timely end
4. Be able to contribute to the evaluation of therapeutic group activities	4.1. Encourage and support individuals to give feedback during and after group activities 4.2. Agree processes and criteria for evaluating the therapeutic benefits of the group and its activities 4.3. Carry out own responsibilities for supporting the evaluation and agreeing any revisions 4.4. Record and report on outcomes and any revisions in line with agreed ways of working

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### **ASSESSMENT INFORMATION**

**Specific Requirements for Assessment and delivery of this unit.**

#### **ASSESSMENT AND DELIVERY INFORMATION**

Centre devised assessment tasks should be approved by the internal verifier for the course before delivery takes place in order to ensure the assessment is fit for purpose and meets the standards required.

#### **Assessment requirements/recommendations**

This unit must be assessed in line with Skills for Care and Development's QCF Assessment Principles. Learning outcomes 2, 3 and 4 must be assessed in a real work environment, in ways that do not intrude on the privacy of individuals.

#### **Delivery Requirements/Recommendations**

Assessment tasks will be devised to meet needs of the learning group and to cover all the criteria.

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<b>Owner:</b>	Pearson EDI
<b>Unit Grading Structure</b>	PASS
<b>Sector Subject Areas (SSA)</b>	1.3 Health and social care
<b>Unit Review Date</b>	31/05/2015
<b>Availability for Use</b>	Shared
<b>Restricted organisations</b>	N/A
<b>Assessment Guidance</b>	This unit must be assessed in line with Skills for Care and Development's QCF Assessment Principles. Learning outcomes 2, 3 and 4 must be assessed in a real work environment, in ways that do not intrude on the privacy of individuals.
<b>Equivalences</b>	N/A