

Unit Title: Understand and Meet the Nutritional Requirements of Individuals with Dementia
Unit Level: Three
Unit Credit Value: 3
GLH: 26
AIM Awards Unit Code: PT1/3/EA/018
Unique Reference Number: T/601/9187

This unit has 3 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the nutritional needs that are unique to individuals with dementia	1.1 Describe how cognitive, functional and emotional changes associated with dementia can affect eating, drinking and nutrition 1.2 Explain how poor nutrition can contribute to an individual's experience of dementia 1.3 Outline how other health and emotional conditions may affect the nutritional needs of an individual with dementia 1.4 Explain the importance of recognising and meeting an individual's personal and cultural preferences for food and drink 1.5 Explain why it is important to include a variety of food and drink in the diet of an individual with dementia

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
2. Understand the effect that that mealtime environments can have on an individual with dementia	2.1 Describe how mealtime cultures and environments can be a barrier to meeting the nutritional needs of an individual with dementia 2.2 Describe how mealtime environments and food presentation can be designed to help an individual to eat and drink 2.3 Describe how a person centred approach can support an individual, with dementia at different levels of ability, to eat and drink
3. Be able to support an individual with dementia to enjoy good nutrition	3.1 Demonstrate how the knowledge of life history of an individual with dementia has been used to provide a diet that meets his/her preferences 3.2 Demonstrate how meal times for an individual with dementia are planned to support his/her ability to eat and drink 3.3 Demonstrate how the specific eating and drinking abilities and needs of an individual with dementia have been addressed 3.4 Demonstrate how a person centred approach to meeting nutritional requirements has improved the well-being of an individual with dementia

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ASSESSMENT INFORMATION

Specific Requirements for Assessment and delivery of this unit.

ASSESSMENT AND DELIVERY INFORMATION

Centre devised assessment tasks should be approved by the internal verifier for the course before delivery takes place in order to ensure the assessment is fit for purpose and meets the standards required.

Unit Summary

This unit promotes an understanding of the importance of good nutrition and how to promote this with individuals who have dementia.

Assessment requirements/recommendations

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.

Learning outcome 3 needs to be assessed in the workplace environment.

Indicative Content

Learning Outcome 1

1.2 An individual is someone requiring care or support.

Learning Outcome 2

2.3 Person-centred approach: This is a way of working which aims to put the person at the centre of the care situation taking into account their individuality, wishes and preferences.

Learning Outcome 3

3.2 Meal times may include: meal planning, food shopping, food preparation, pre- and post-meal activities, dining, snacking.

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3.4 Well-being may include: appropriate weight gain/loss, improved sleep patterns, reduced confusion, improved physical health, improved emotional state, reduced infections, reduced constipation.

Delivery Requirements/Recommendations

Assessment tasks will be devised to meet needs of the learning group and to cover all the criteria.

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Owner:	City & Guilds
Unit Grading Structure	PASS
Sector Subject Areas (SSA)	1.3 Health and social care
Unit Review Date	31/12/2016
Availability for Use	Shared – open to all AOs to award credit
Restricted organisations	N/A
Assessment Guidance	<p>This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.</p> <p>Learning outcome 3 needs to be assessed in the workplace environment.</p>
Equivalences	N/A